# Assessment practices in PE

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## **PE-objectives Netherlands**

- Motor/technical and tactical skills
- Supporting skills
  - referee, instructor, safety assistance
- Social behaviour
- (Self) knowledge
  - training principles, health, ...
  - preferences, abilities, ...
- Prerequisite: fun
  - Intrinsic motivation



Assessmen









 Learning targets, teaching methods and assessment in PE should be coherent (Chroinin &

Cosgrave, 2013).

- 'Constructive Alignment Theory' (Biggs, 1999).
- Assessment for Learning vs. Assessment of Learning (William, 2011).





Lopez Pastor et al. (2012): assessment is "one of the most fraught and troublesome issues physical educators have had to deal with over the past 40 years or so".





High quality assessment is characterised by:

- clear purpose,
- clear achievement targets,
- sound design,
- effective communication.
- student involvement (Melograno, 2007, Stiggins, 2007).





- Quantative research into PE assessment practices relatively scarce.
- Most of these studies were small and/or are at least 10 years old (Veal, 1988; Matanin & Tannehil, 1994, Desrosiers et al. 1997; Kneer, 1986; Mintah, 2003).
- No studies to date have attempted to 'objectively' measure the quality of assessment in PE. The lack of a questionnaire specifically developed to this aim may have prevented such research.







Determine assessment practices and assessment quality in secondary PE in the Netherlands







## Methods

### Questionnaire construction:

- Theoretical framework
- Identification of themes
- Expert consultation (18)



- Revision of themes and questionnaire construction
- Expert consultation (18), Questionnaire revision
- Pilot testing (25 PE teachers), Questionnaire revision
- Expert consultation (18), Questionnaire revision (minor)





## Methods

- Online version created using Survey Monkey-webtool
- Pre-testing by 25 PE-teachers from 3 schools
- Removal number of items on feasibility due to questionnaire > 20 minutes to complete
- The final questionnaire contains the following sections:
  - General information on the PE teacher and school;
  - Quality of assessment;
  - Intended functions of assessment;
  - Actual assessment approaches;
  - Intended goals of PE.





## Methods

- Schools were approached through:
  - News letters
  - Direct mail
- One PE-teacher per school
  - Doubles were removed afterwards
- Focus @AIESEP on quality aspects





Number of secondary schools	260
Number of students	292,878
% of all secondary students	31%
Teacher yrs. of experience	16 ± 10









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#### Assessment in PE

Aspect	Aspect score (mean ± SD)
Clear purpose	3.9 ± 1.0
Clear achievement targets	3.6 ± 1.0
Sound design	3.8 ± 0.8
Effective communication	3.9 ± 0.9
Student involvement	2.9 ± 0.8

Mean Assessment Quality  $3,60 \pm 0,63$ 16% of schools scores  $\leq 3,00$ 





## All PE teachers in my school use identical criteria for assessment.

clear targets







## The grade a student receives is NOT dependent on which teacher is doing the evaluation.





**Results** 

sound design

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#### Assessment in PE

## Are PE grades taken into account for determining whether a student may enter the next year?







## Assessment criteria are shared in advance with my students.

effective communication









#### student involvement

## My students receive interim feedback when working towards a final assessment.





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#### Assessment in PE

Assessment goals	Score
Selection of students (e.g. progress to the next year)	2.4 ± 1.3
To inform adjustments to the content and delivery of my lessons	3.3 ± 1.2
Justifying the subject within my school	$3.4 \pm 1.3$
Support student learning	$4.2 \pm 1.0$











## Discussion

- Which aspects are *prerequisites* for learning?
- Which aspects are in alignment with *lesson objectives*?
- Validity?







## Discussion

- Assessment quality of moderate degree ('somewhat agree'-level)
- Reliability of assessment high enough for high stakes testing?
- Student involvement not very high > AfL vs.
  AoL
  - PE is examinable subject in the Netherlands, however
  - PE assessment 'must take into consideration students' possibilities'





## Discussion

- Data needs further exploration through qualitative research
- Student perspective?
- AfL interventions to study effect on students' motivation for PE and/or physical activity
- International comparisons?
  - 'PEAR-group'









## Assessment practices in PE

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#### PE goals: strongly agree



Experience fun through physical activity

Interact adequately and respectfully with others in physical activity

Develop motor/technical skills

Self development through physical activity and sports

Be physically active during school hours

Knowledge and understanding with regards to physical activity

Develop skills to participate in physical activity a in a variety of roles

Find personally appropriate physical activities

Increase fitness levels





#### PE goals: strongly & somewhat agree



Assessmen

Experience fun through physical activity

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