



# FIRST AID IN EDUCATION

## About the course

*First Aid in Education is an elementary introduction in education. Practical tools are offered to further develop your role as a teacher, lecturer, trainer or as a tutor in coaching your colleagues.*

This course consists of four sessions of four hours. The following topics will be covered:

- The tasks and roles of a lecturer or teacher
- Preparing classes
- Determining objectives and criteria for success
- Conducting educational conversations
- Choosing active working structures
- How to handle differences in behaviour and cognition between students
- Mentoring and coaching
- Classroom management
- Peer-to-peer coaching

## Why this course

The essence of this course is to give an initial introduction to 'the art of teaching'. This is made possible by a reflective attitude where self-criticism is linked to personal (key) objectives, and personal questions are linked to development aims, and where participants can learn with and from each other by peer-to-peer coaching.

## This course is meant for

This course is meant for people from business backgrounds, each with their own expertise from technological disciplines to economy expertise and from banking to ICT or HRM. Professionals who are considering to share their knowledge and experience with students and apprentices. After all, these are the potential colleagues for tomorrow's working force!

The participants of this course may also choose to pursue a career as a hybrid teacher in the future. In addition, the employer can see it as its contribution to society.

## Dates on which this course is offered

This introductory course consists of four meetings on Thursday mornings or afternoons from 09:00h until 13:00h or from 13:00h to 17:00h at the latest. Meetings include Q&A time and consultations:

| Thursday mornings |             |
|-------------------|-------------|
| 9.00h - 13.00h    | January 20  |
| 9.00h - 13.00h    | February 17 |
| 9.00h - 13.00h    | March 17    |
| 9.00h - 13.00h    | April 28    |

NB: The English version of this course is meant for students or participants that come from abroad with an international background as intercultural differences, information of the Dutch educational system and typical "undutchable" behaviour will be part of the course content.

## Requirements

- Time investment of 12 hours a week over a period of 13 weeks (max. 160 hours including teaching days).
- An internship during the months of September through December, in which at least one day a week you can spend teaching classes or practical sessions and/or observe students in classes taught by colleagues. This can and may also be arranged by the coach that is assigned to you.
- At least four hours a week for preparing classes and reflection, or to study theory in books or articles or via the internet.
- A coach who gives you the freedom to give classes, who gives you feedback and who is willing to read your lesson preparation plans and reflection reports and to discuss these documents with you.
- The liberty to make video-recordings of your own classes for your own educational use.
- Compulsory attendance during the four meetings.
- The obligation to hand in a reflection report, based on your personal set objectives (first meeting).

*Maximum eight participants. When this exceeds the maximum, a course will follow in Spring 2022.*



Lecturer: Drs. Richard A.F. Steinfort: [LinkedIn](#)



Course level: post graduate



Start date: 09-09-2021



Course length: 4 months



Costs: E. 750,-



## Your first aid in education helpline:

In case you may use some assistance in teaching?  
Contact Nicky for options that include tailor-made possibilities as well.

Tel: 06 411 625 04 | E-mail: [n.jansen@fontys.nl](mailto:n.jansen@fontys.nl)