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# HOW TO BECOME A TREND RESEARCHER

and use trendwatching to boost innovation

# Els Dragt

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# Lectoraat > project trendboek

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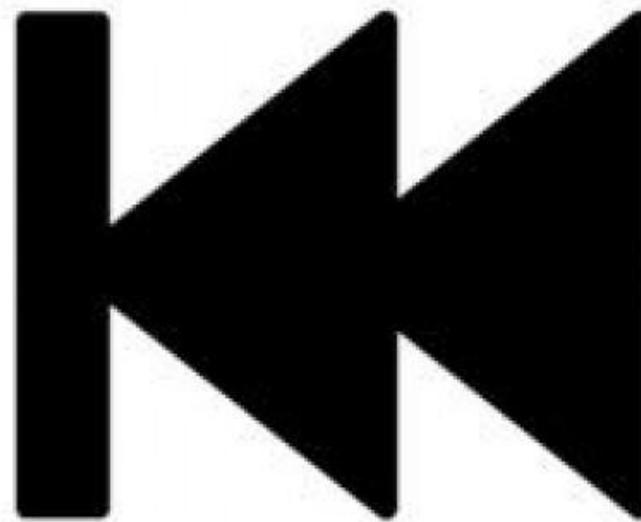
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**exercises, interviews, tips & tricks**

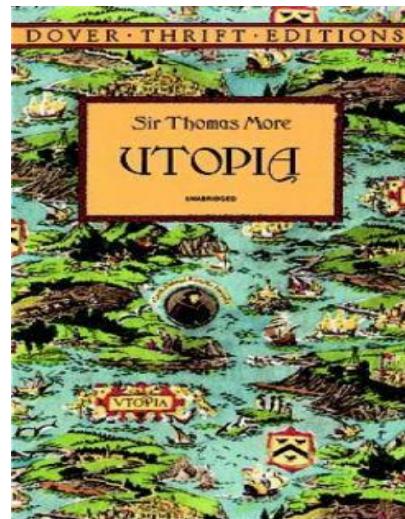
# #1 Future History

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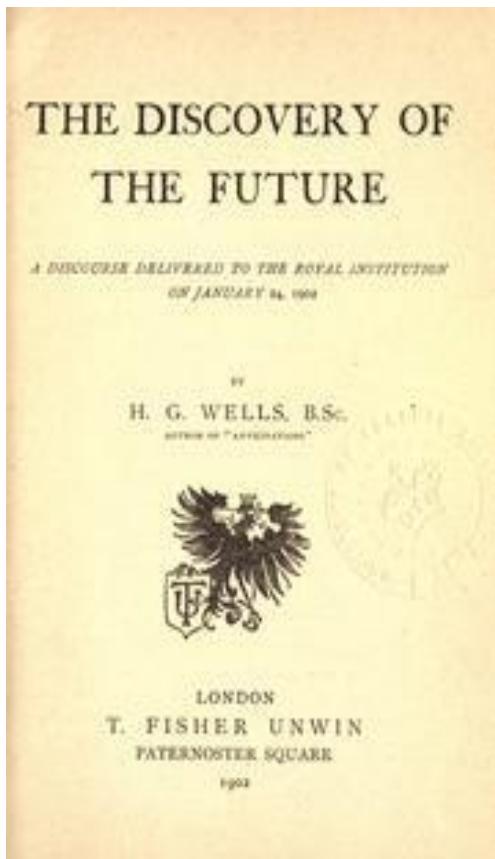


# Future Fascination

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# Systematic future thinking



THE LADIES' HOME JOURNAL

## WHAT MAY HAPPEN IN THE NEXT HUNDRED YEARS

By JOHN ELFRETH WATKINS, Jr.

The article features two small illustrations. One is a portrait of John Elfreth Watkins, Jr., and the other is a scene depicting a futuristic landscape or vehicle.

**H. G. Wells' Prophesy**

H. G. Wells' prophecies will seem strange, almost impossible. Yet they have come from the most learned and conservative minds in America. To the wisest and most careful men in our greatest institutions of science and learning I have gone, asking each in his turn to forecast for me what, in his opinion, will have been wrought in his own field of investigation before the dawn of 2011—a century from now. These opinions I have carefully transcribed.

**Five Hundred Million People**

Five Hundred Million People. There will probably be from 300,000,000 to 600,000,000 people in America and its possessions by the lapse of another century. Nicaragua will ask for admission to our Union after the completion of the great canal. Mexico will be next. Europe, seeking more territory to the south of us, will cause many of the South and Central American republics to be voted into the Union by their own people.

**The American will be Taller**

The American will be Taller by from one to two inches. His increase of stature will result from better health, due to vast reforms in medicine, sanitation, food and athletics. He will live fifty years instead of thirty-five as at present—for he will reside in the suburbs. The city house will practically be no more. Building in blocks will be

**Trains One Hundred and Fifty Miles an Hour**

Trains will run two miles a minute, normally; express trains one hundred and fifty miles an hour. To go from New York to San Francisco will take a day and a night by fast express. There will be eagle-shaped electric locomotives pulling long trains of cars. Cars will, like houses, be artificially cooled. Along the railroads there will be no smoke, no cinders, because coal will neither be carried nor burned. There will be no stops for water. Passengers will travel through hot & dusty country regions with windows down.

**Automobiles will be Cheaper than Horses**

Automobiles will own automobile haywagons, automobile truck-wagons, plow, harrows and hay-rakes. A one-pound motor in one of these vehicles will do the work of a pair of horses or more. Children will ride in automobile sleighs in winter. Automobiles will have been substituted for every horse vehicle now known. There will be, as already exists to-day, automobile busses, automobile police patrols, automobile ambulances, automobile street sweepers. The horse harnesses will be as scarce, if, indeed, not even scarcer, than as the yoked ox is to-day.

**Everybody will Walk Ten Miles**

Everybody will Walk Ten Miles. Gymnastics will begin in the nursery, where toys and games will be designed to strengthen the muscles. Exercise will be compulsory in the schools. Every school, college and university will have a complete gymnasium. All cities will have public gymanasiums. A man of woman visible to

**Grand Opera will be Telephoned to private homes**

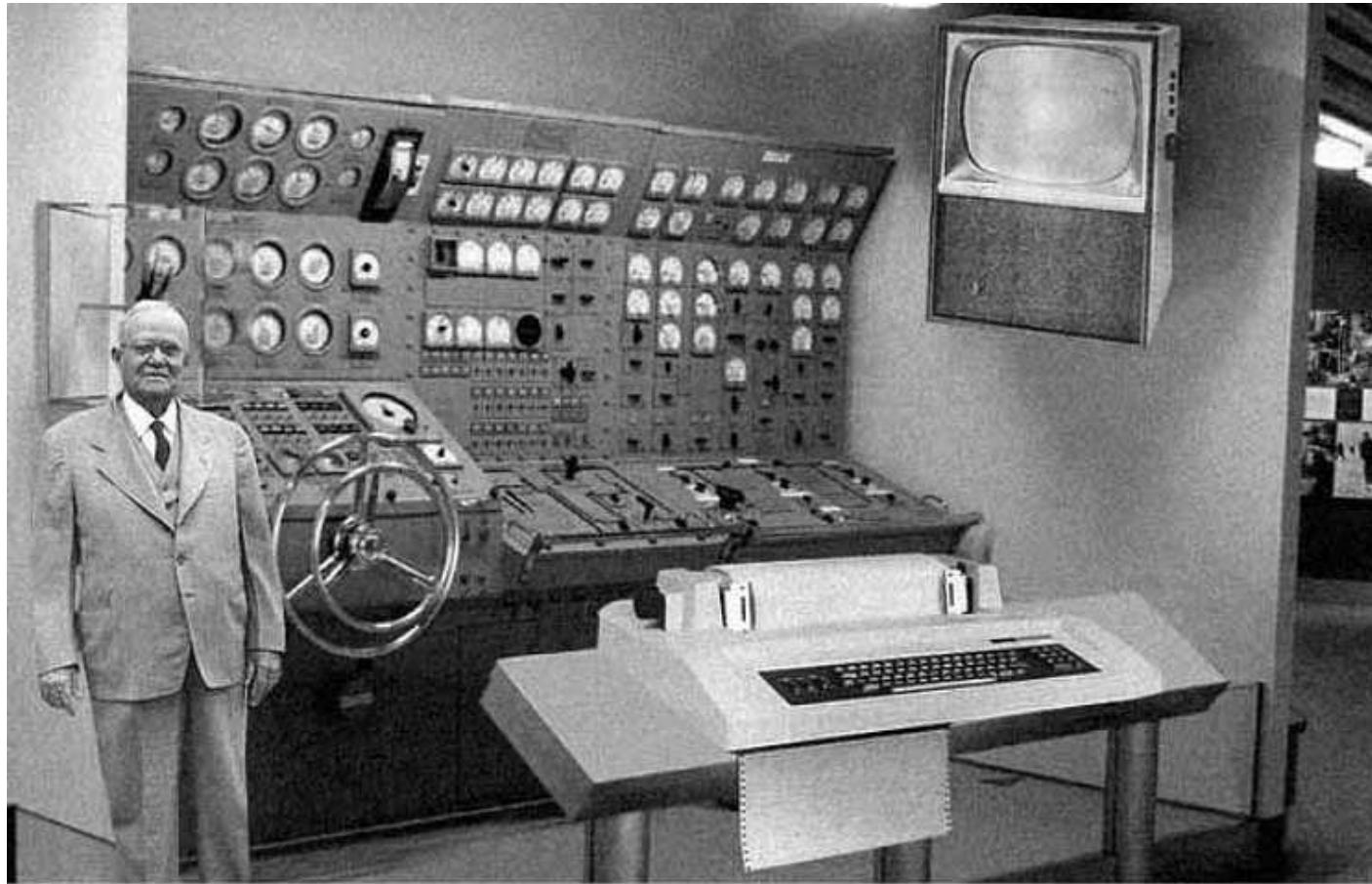
Grand Opera will be Telephoned to private homes, and will sound as harmonious as though enjoyed from a theatre box. Automatic instruments reproducing original airs exactly will bring the best music to the families of the untautled. Great musicians gathered in one inclosure in New York will, by manipulating electric keys, produce at the same time music from instruments arranged in theatres or halls in San Francisco or New Orleans, for instance. Thus will great bands and orchestras give long-distance concerts. In great cities there will be public open-houses whose singers and musicians are paid from funds endowed by philanthropists and by the government. The piano will be capable of changing its tone from cheerful to sad. Many devices will add to the emotional effect of music.

**How Children will be Taught**

How Children will be Taught. A university education will be free to every man and woman. Several great national universities will have been established. Children will study a simple English grammar adapted to simplified English, and not copied after the Latin. Time will be saved by grouping like studies. Poor students will be given free board, free clothing and free books if ambitious and actually unable to meet their school and college expenses. Medical inspectors regularly visiting the public schools will furnish poor children free eyeglasses, free dentistry and free medical attention of every kind. The very poor will, when necessary, get free rides to and from school and free lunches between sessions. In vacation time poor children will be taken on trips to various parts of the world. Ethnologic and housekeeping will be im-

# Military precision

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*Scientists from the RAND Corporation have created this model to illustrate how a "home computer" could look like in the year 2004. However the needed technology will not be economically feasible for the average home. Also the scientists readily admit that the computer will require not yet invented technology to actually work, but 50 years from now scientific progress is expected to solve these problems. With teletype interface and the Fortran language, the computer will be easy to use.*

# Future business strategies

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# The trend guru

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# Het stereotype beeld

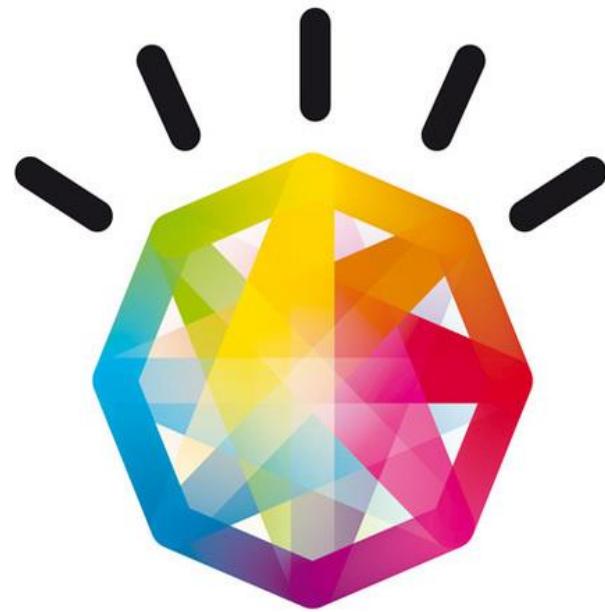
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## #2 Trend Theory

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# Navigating the unknown

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nobody can **PREDICT** the future

but

we can **EXPLORE** the future

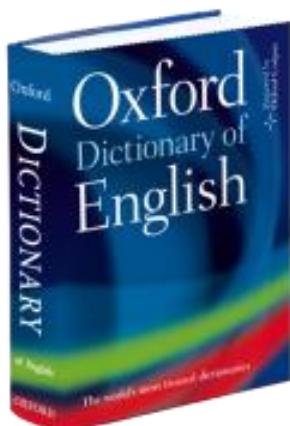
# What is a trend?

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Definition of *trend* in English:

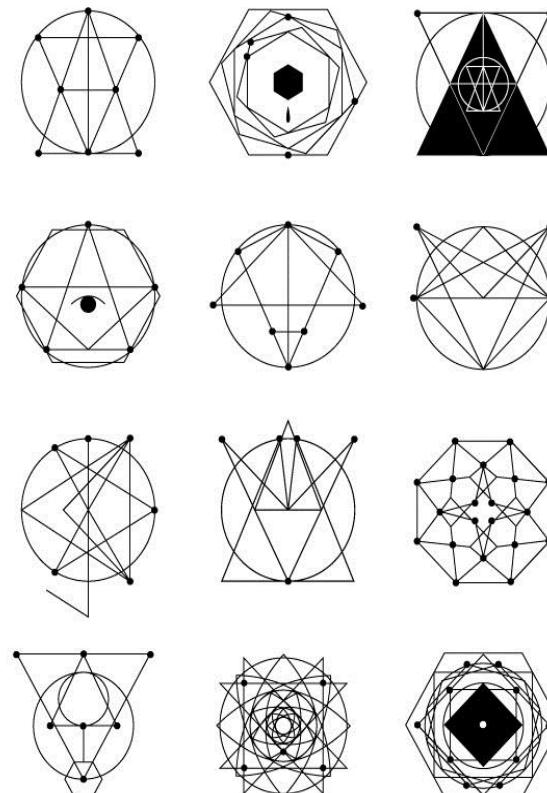
NOUN

- 1 A general direction in which something is developing or changing:



# Study of change

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# The daily routine of a trend researcher

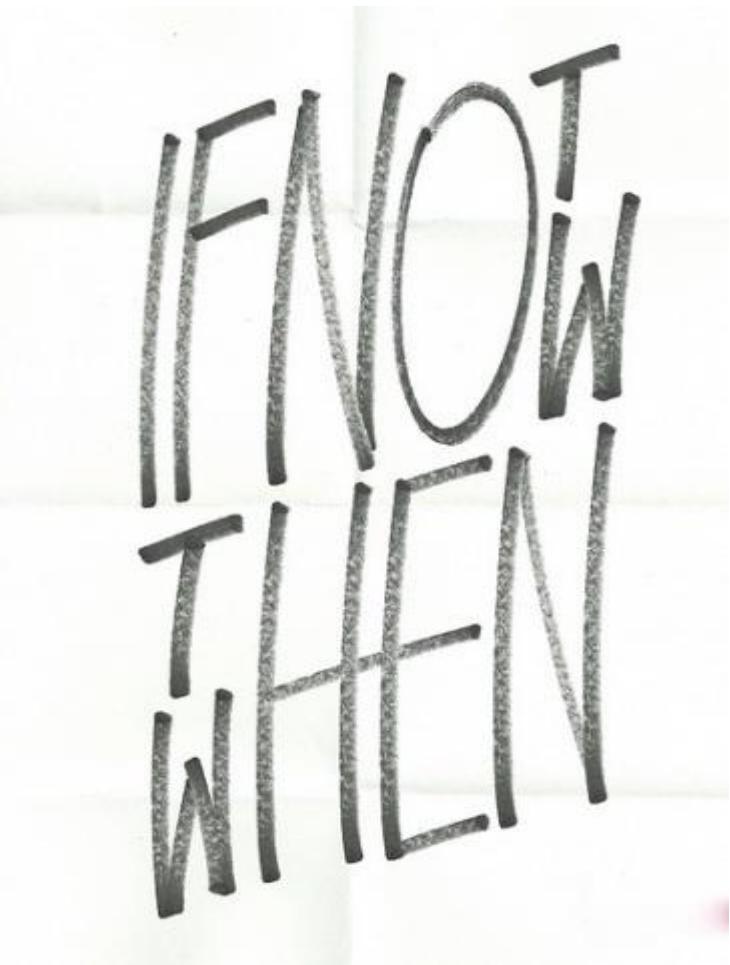
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Detecting patterns or *shifts in attitudes, needs and mindsets* of people

that *run against* current thinking and how people normally behave, live, dress, communicate and trade.

# What if.....

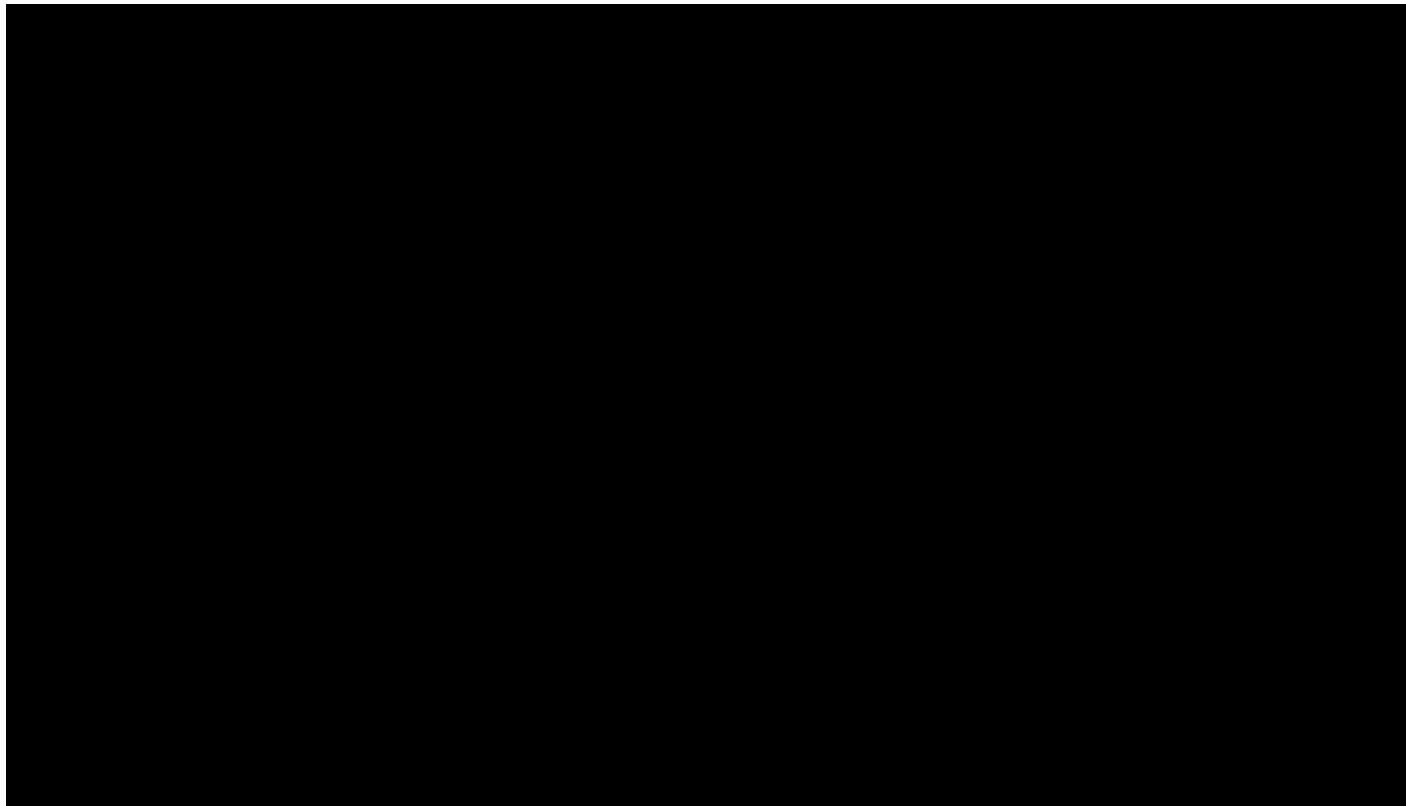
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IF NOT NOW  
THEN WHEN

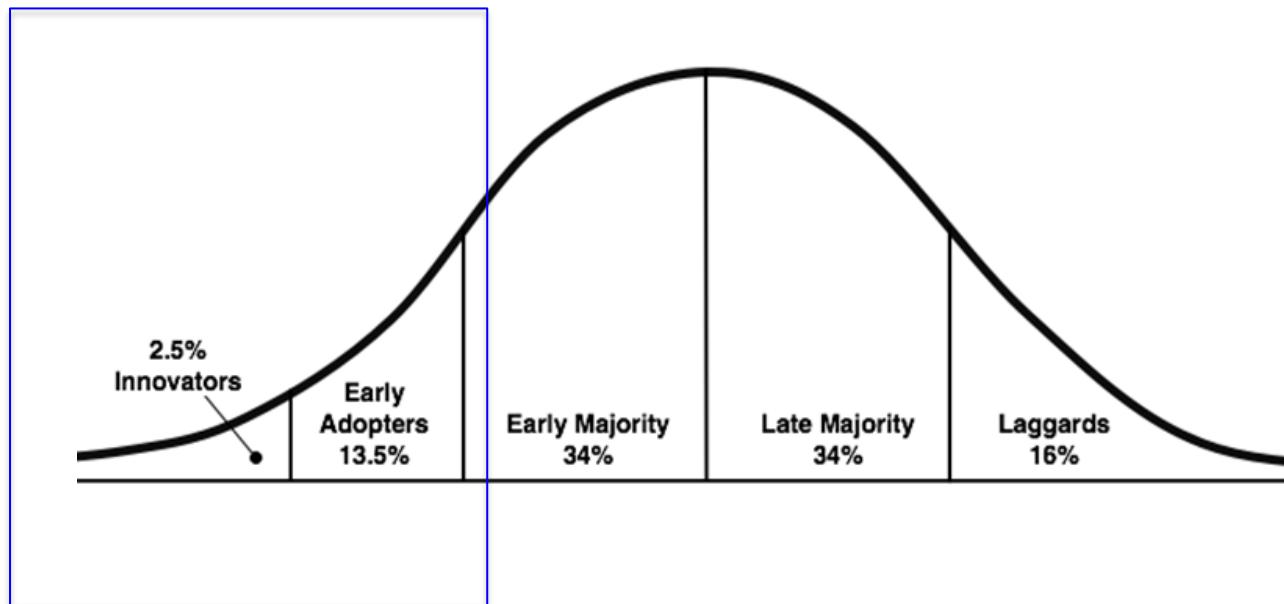
# What if... we all have mobile phones?

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# Keeping a close eye on....

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Diffusion of innovation, Rogers, 1962

# Innovate or die!

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Innovation

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Trend application

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Trend insights

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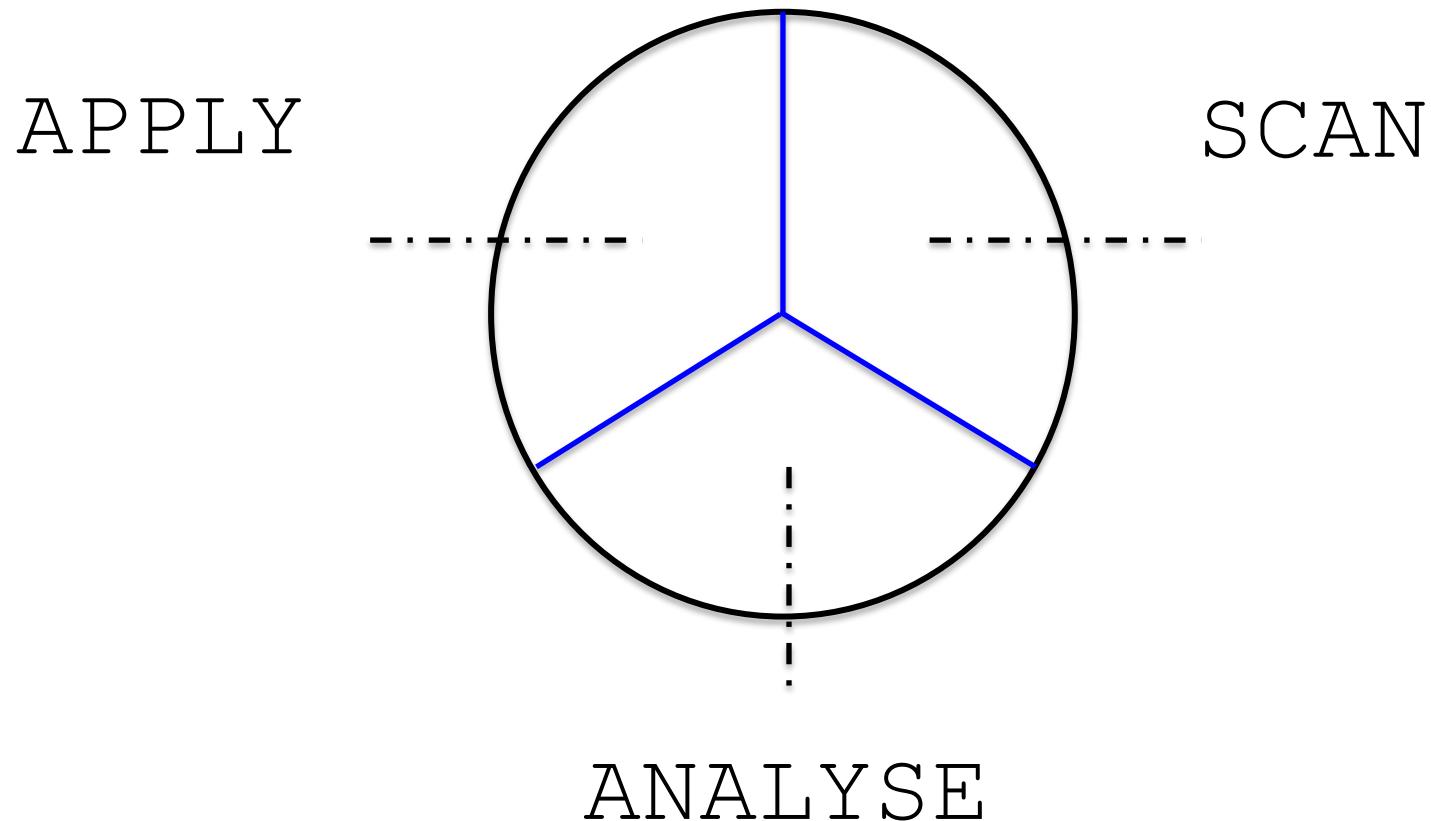
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Trend research



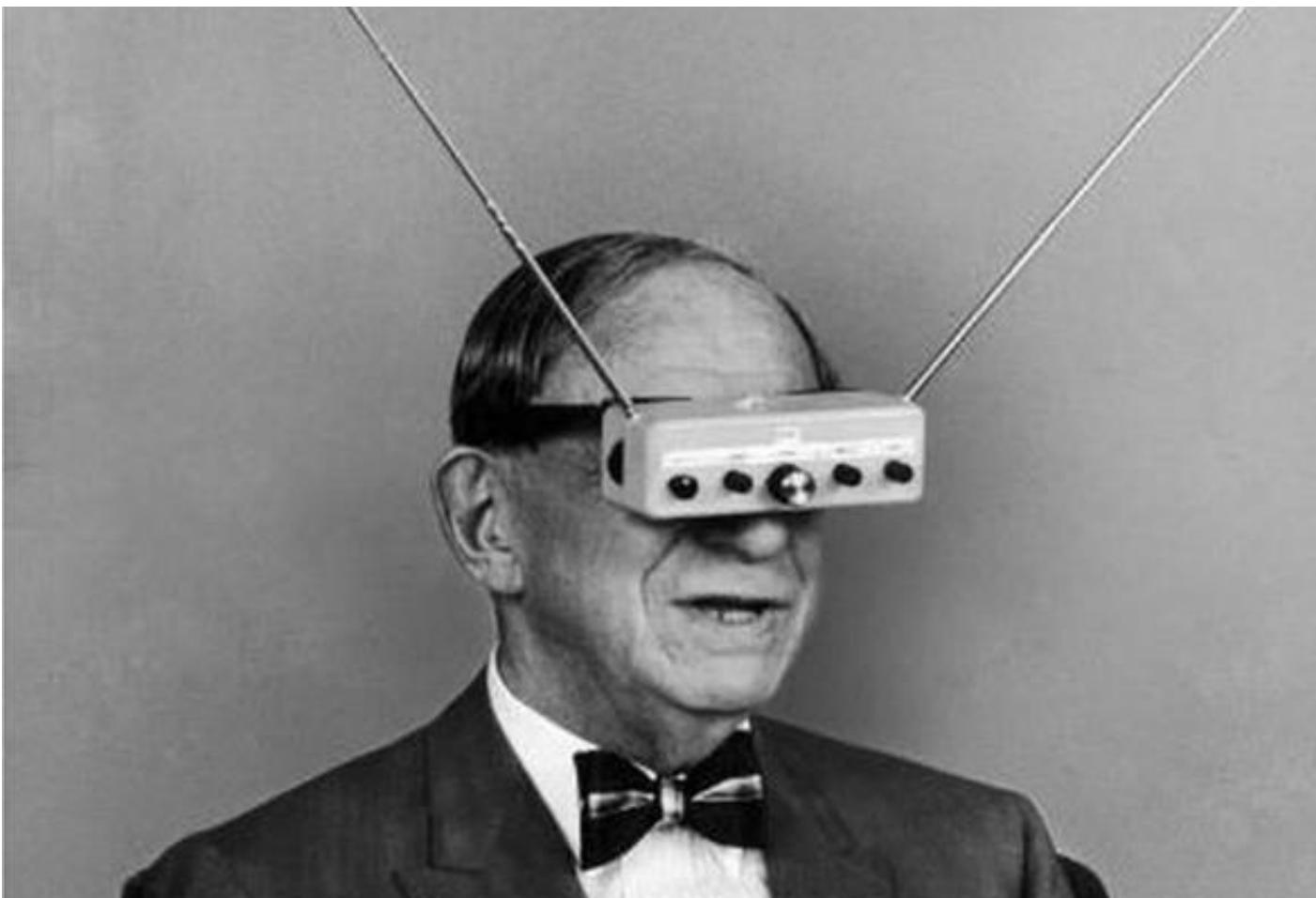
# Process of trend research

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## #3 Scan

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# Scanning for change

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A sign of  
change is  
something **new**  
that can be  
observed.

IF  
YOU'RE  
WAITING  
FOR A  
SIGN

THIS IS IT.

# Signs form a pattern

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A lot of signs  
can form a trend.

signs >> emerging  
needs & wants >>  
trends



# The art of looking sideways

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# Scan via field & desk research

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# Hit the streets

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# You can find signs anywhere

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# Go to events & fairs

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where innovation can be found, for example:

- Talks & debates
- Exhibitions
- Fairs & trade shows
- Festivals

# Talk to experts and innovators

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Talk to the people  
who own shops,  
present at events,  
design, innovate.

Find out what **drives**  
them.



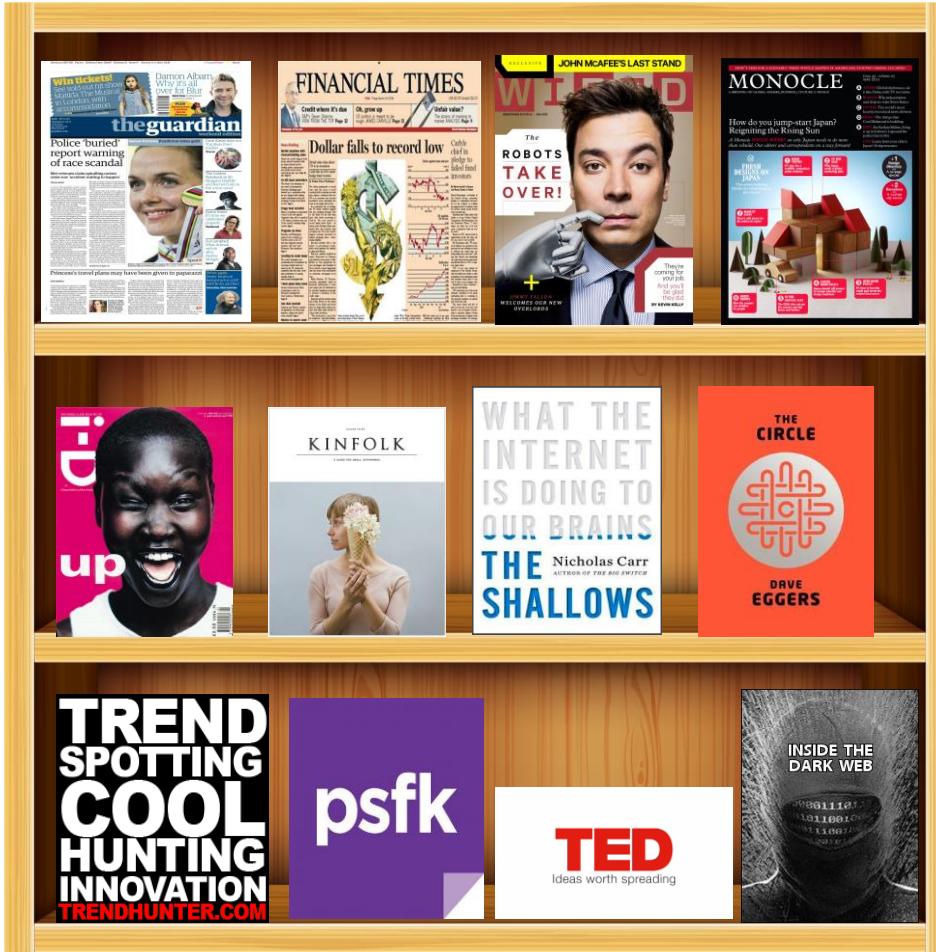
# Desk research

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# A variety of sources

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# Save via Evernote

Evernote Premium

CONNECTIVITYROOM@GMAIL... New Note in connectivityroom's notitie... New Chat Search notes

Work Chat

connectivityroom's notitieboek ▾

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The future of wearable technology - infogra... 13-01-15 Infographic showing the future of wearable technology.

PSFK Recaps CES 2015 - PSFK 12-01-15 PSFK Recaps CES 2015 By Adriana Kra...

De generatie die niet klaagt 12-01-15 NRC Opinie & Debat 10/11-01-2015

Evidence wall 8/1/15 08-01-15 Evidence wall 8/1/15

Nederlands eerste pop-up summit in R... 08-01-15 Nederlands eerste pop-up summit in Rotterdam

Retailers rush to tap Millennial 'athleisure' 07-01-15 It's not that USA is getting fitter. It's just th...

Athleisure Trend - Athleisure Wear 2014 07-01-15 Dec 1, 2014 @ 11:31 AM Fashion Just D...

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How Searching For Instant Gratification... 07-01-15 funny insights from the inside... on the d...

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Enter 2015: Stick and Poke Tattoos Are th... 07-01-15 OMG. NYT must have read the Unicorn bo...

From Alexander Wang to Beyonce, Everyo... 07-01-15 Why is it suddenly acceptable to live in...

Normcore is the most Googled fashion tre... 07-01-15 Normcore is the most Googled fashion tre...

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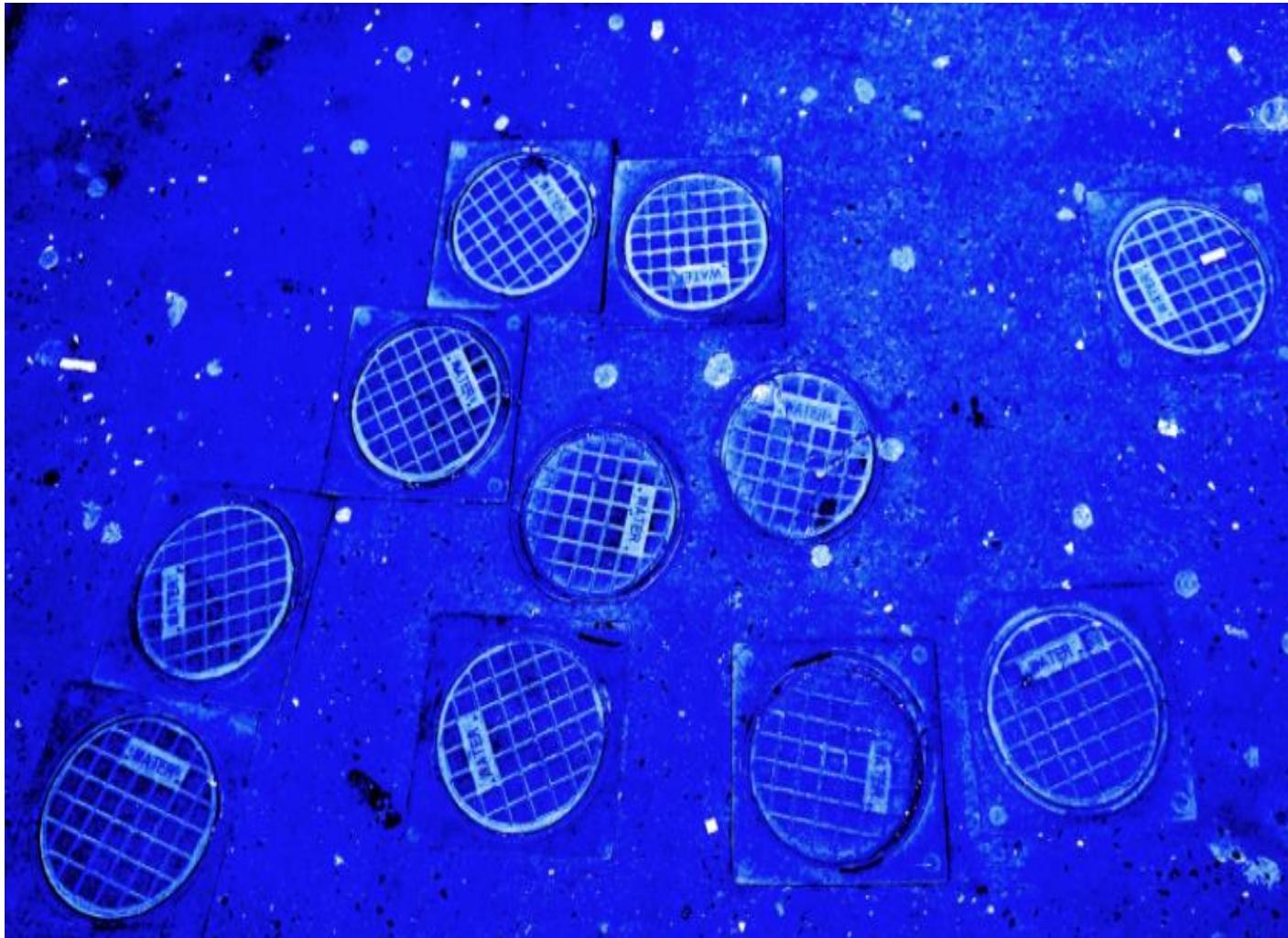
Morning Spikes by Maddalena Selvini |... 05-01-15 For more work visit : www.maddalenasel...

An afternoon at the Fronterre 02-01-15 inspi voor organiseren inhoudelijk ev...

Conversation Manager 02-01-15 Over de veranderende rol van de...

# #4 ANALYSE

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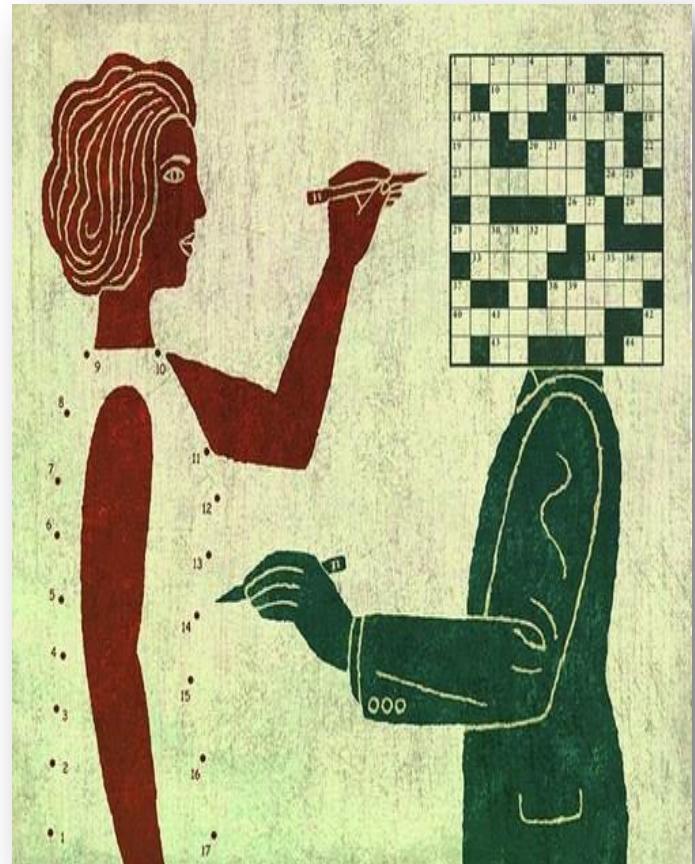


# Scanning vs. analysing

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Scanning =  
collecting signs  
of change

Analysing =  
making **sense** out  
of these signs  
for the future.



# Connecting the dots

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OBSERVE  
COLLECT  
ANALYZE  
COMPARE  
NOTICE  
PATTERNS

7

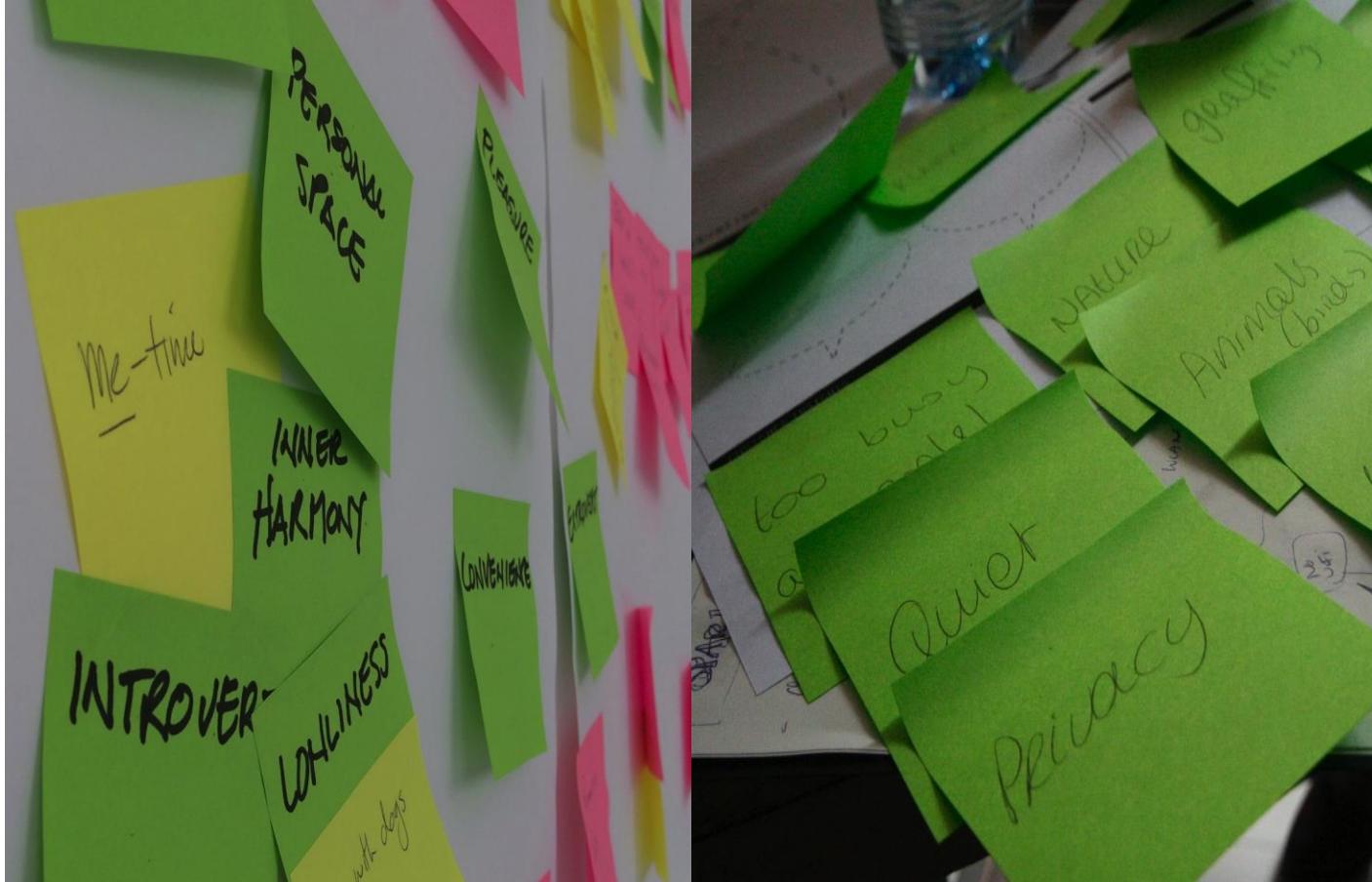
# Tool: Evidence wall

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# Describe underlying needs

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# Innovate or die!

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Innovation

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Trend application

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Trend insights

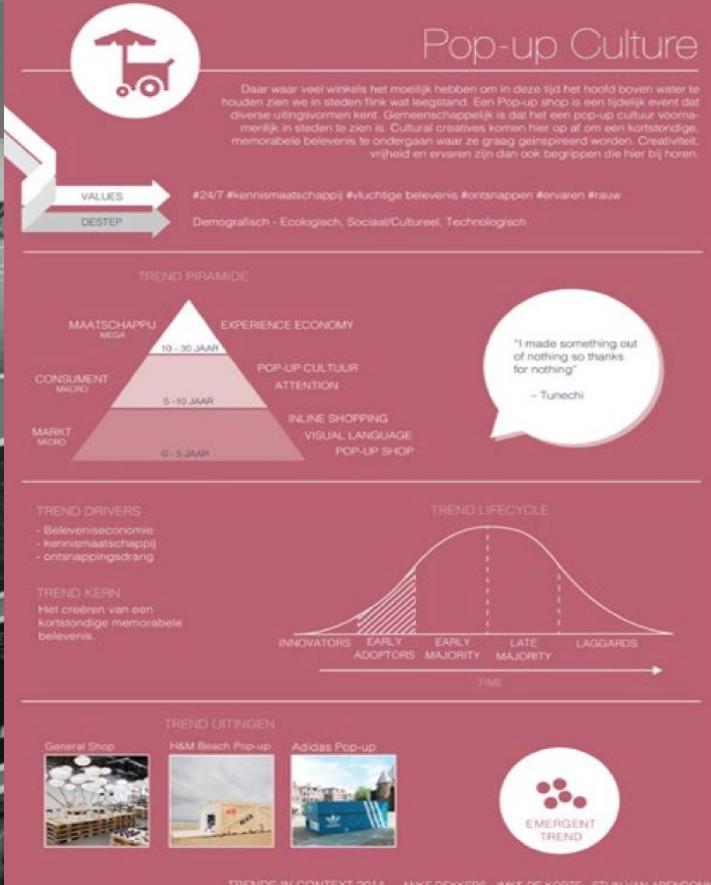
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Trend research



# From signs to trends



# Elements of trend analysis

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WHY is the trend happening now?

WHAT are the underlying needs?

WHO started it?

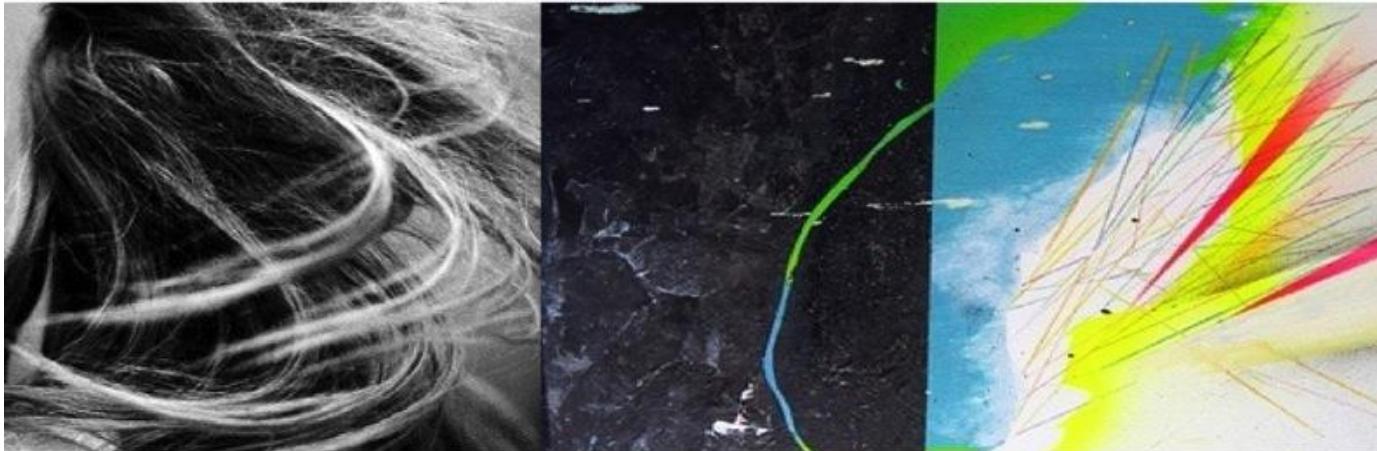
WHICH phase is it in?

WHAT are the most relevant signs?

WHAT can it mean for our future lifestyle?

# Visualise the trend

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# Name the trend

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## STATUS SEEKERS

The relentless, often subconscious, yet ever-present force that underpins almost all consumer behavior

## BETTERMENT

The universal quest for self-improvement

## YOUNIVERSE

Make your consumers the center of their YOUNIVERSE

## LOCAL LOVE

Why 'local' is, and will remain, loved

## PLAYSUMERS

Who said business had to be boring?

## EPHEMERAL

Why consumers will embrace the here, the now, and the soon-to-be-gone

## HELPFULL

Be part of the solution, not the problem

## JOYNING

The eternal desire for connection, and the many (new) ways it can be satisfied

## HUMAN BRANDS

Why personality and purpose will mean profit

## BETTER BUSINESS

Why 'good' business will be good for business

## UBITECH

The ever-greater pervasiveness of technology

## INFOLUST

Why consumers' voracious appetite for (even more) information will only grow

## FUZZYNOMICS

The divisions between producers and consumers, brands and customers will continue to blur

## PRICING PANDEMONIUM

Pricing: more fluid and flexible than ever

## POST-DEMOGRAPHIC

Time to throw out the old demographic models of consumer behavior

## REMAPPED

The epic power shifts in the global economy

# Analyse: example

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# Sign

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# Sign

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# Sign

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TrouwAmsterdam @TrouwAmsterdam · 57m

Tonight we're going to dress up for Ontrouw and cover up the phones... [pic.twitter.com/y6KzJl4qSb](http://pic.twitter.com/y6KzJl4qSb)

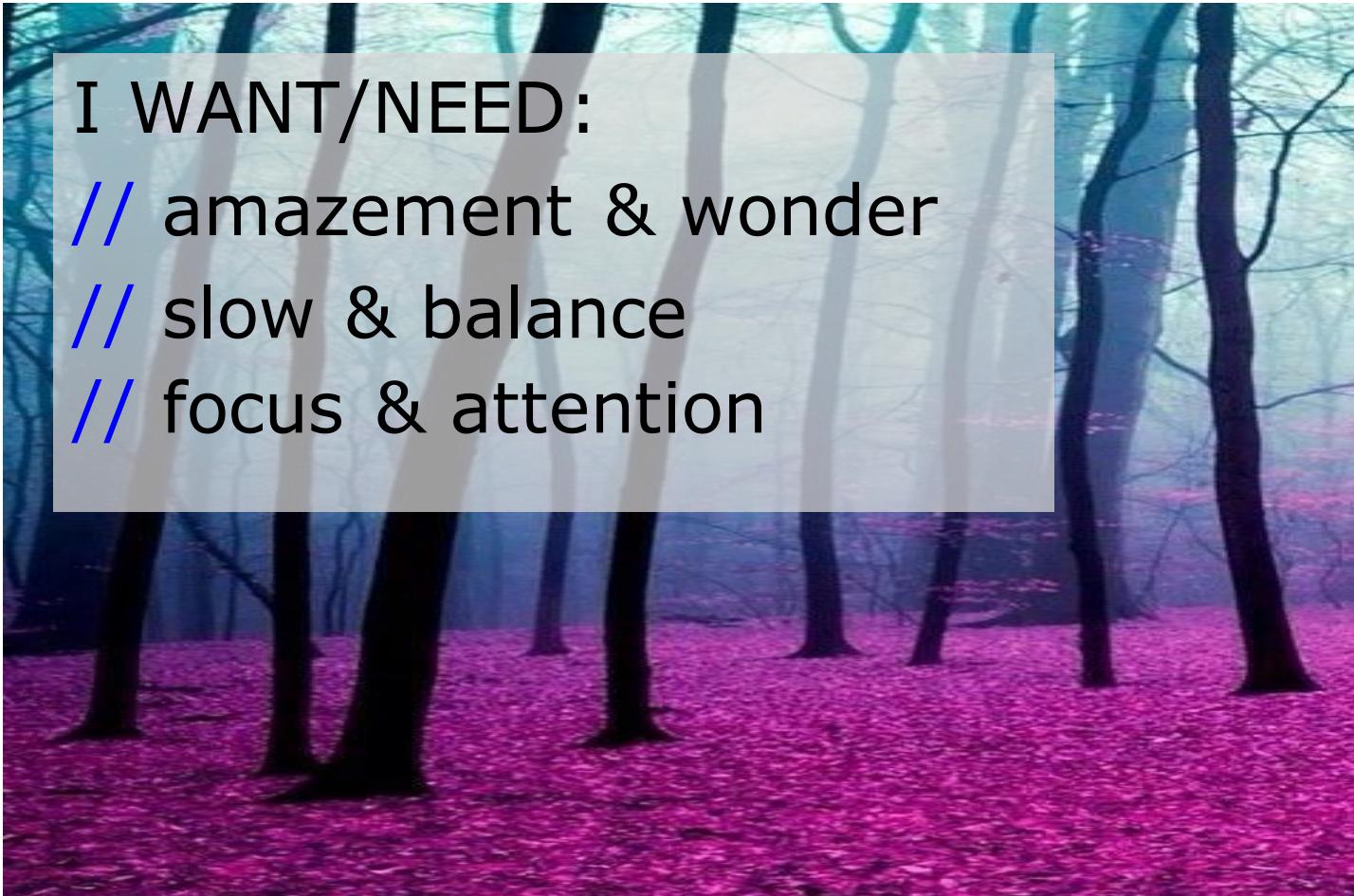
Reply  Retweet  Favorite

# Needs & wants

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I WANT/NEED:

- // amazement & wonder
- // slow & balance
- // focus & attention



# Trend name



// WONDERLUST

See the extraordinairy in the ordinairy

# Trend Overview

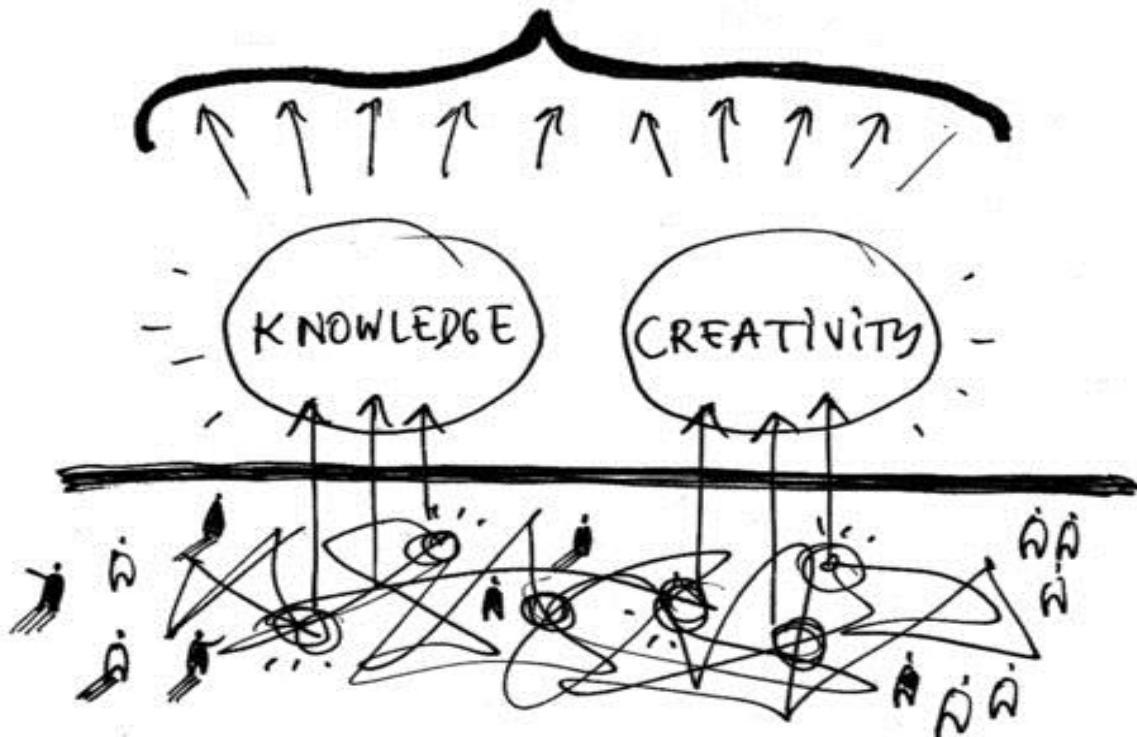
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- // INLINE
- // NEW ENGAGEMENTS
- // COOL CURATION
- // OFF THE GRID
- // HOLISTICALLY HAPPY
- // BRAND BANDITS
- // SENSORY FETISHISM
- // SERENDIPITY SEEKING
- // SELF TRACKING
- // WONDERLUST

## #5 APPLY

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VALUE / INNOVATION / NEW PRODUCTS



# So things change. Now what?

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# WHY?

Change  
c

www.rulzcompany.com

# Innovate or die!

---

Innovation

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Trend application

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Trend insights

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Trend research



# Trend research can be input for...

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...various innovation goals of brands & organisations:

- Policy
- Strategy
- Concept development
- Products & services
- Marketing & communication
- Design & style

# So many trends.....

- // INLINE
- // NEW ENGAGEMENTS
- // COOL CURATION
- // OFF THE GRID
- // HOLISTICALLY HAPPY
- // BRAND BANDITS
- // SENSORY FETISHISM
- // SERENDIPITY SEEKING
- // SELF TRACKING
- // WONDERLUST

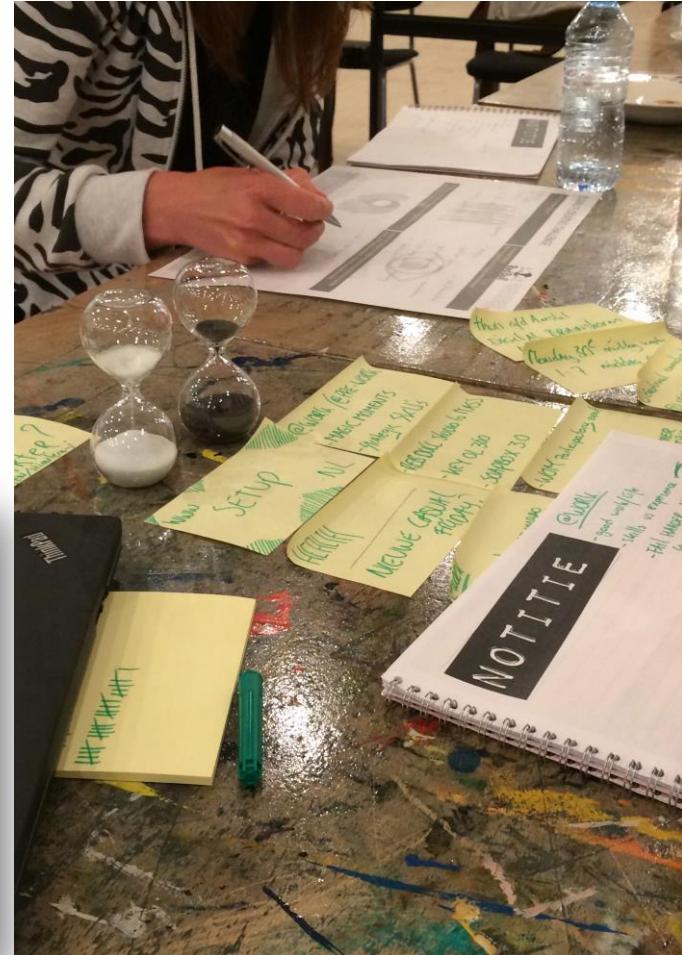
# Selecting trends

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# Apply trends to your business

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**Red Bull** 8 MINUTE CREATIVE CHALLENGE **M&P**

1. WHO IS THE TARGET GROUP?	2. RELEVANT TRENDS: What are relevant trends for your creative challenge?
O MUSIC O AT WORK O SPORTS	
	3. FORMULATE A CREATIVE INSIGHT BASED ON YOUR KNOWLEDGE OF THE TARGET GROUP AND CURRENT TRENDS
	4. WHAT ARE THE IMPLICATIONS FOR RED BULL/POTENTIAL PLAYING FIELDS. think: potential places, moments and collaborations
5. BRANDMATCH: Define how this fits the RedBull brand DNA	

# Example trendslation



# Trendslation: marketing campaign

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# The end

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# Questions

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