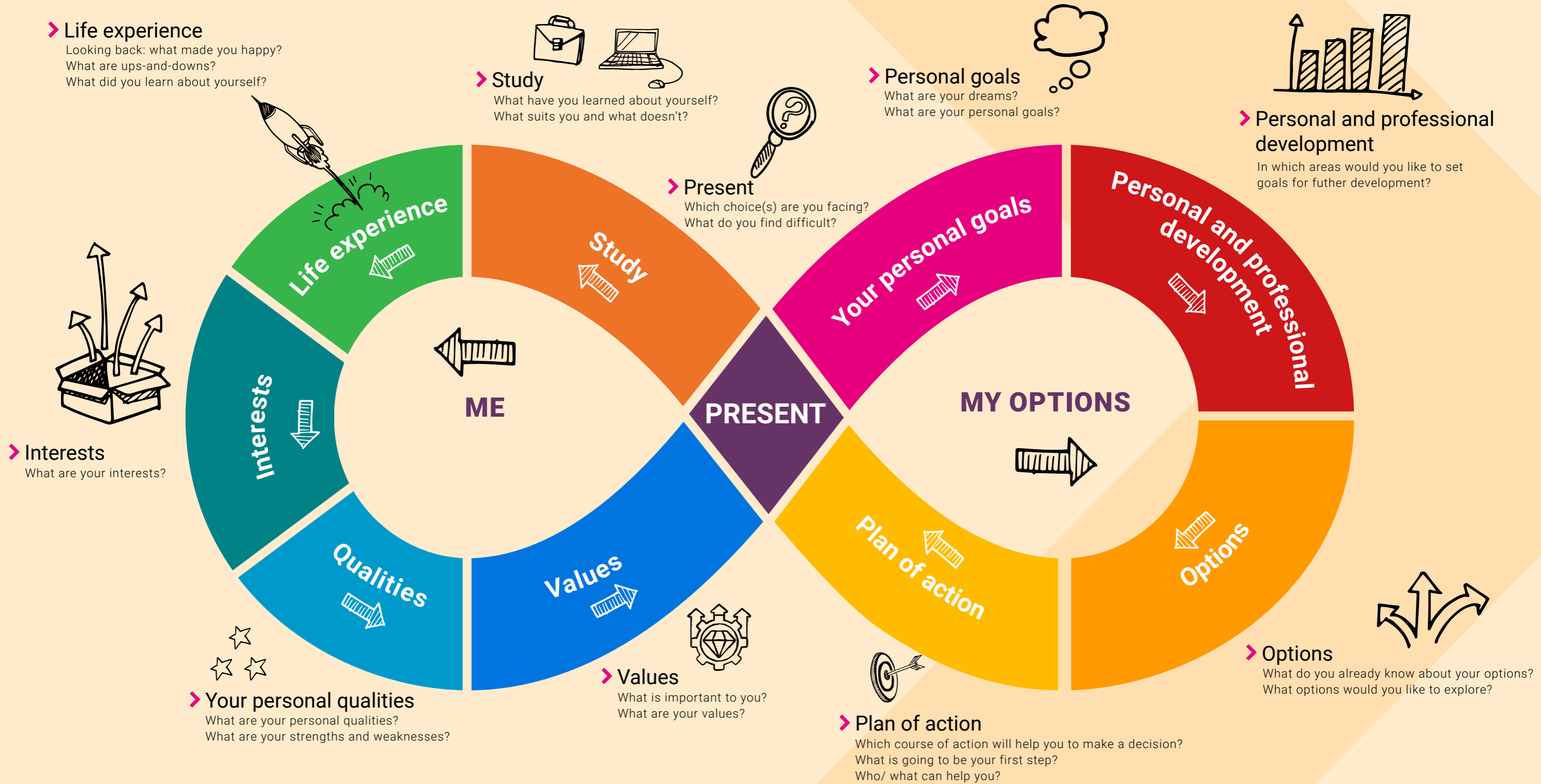


LEARNING HOW TO MAKE CHOICES



> FOR SOCIETY

This lemniscate was created through a collaboration between Office of Student Services and Office of Marketing and Communications. Want to know more? Contact the study choice advisors at fontys.nl/studentcoaching.

LEARNING HOW TO MAKE CHOICES

> Life experience

Looking back: what made you happy?
 What are ups-and-downs?
 What did you learn about yourself?

> Study

What have you learned about yourself?
 What suits you and what doesn't?

> Personal goals

What are your dreams?
 What are your personal goals?

> Personal and professional development

In which areas would you like to set goals for further development?

> Interests

What are your interests?

> Your personal qualities

What are your personal qualities?
 What are your strengths and weaknesses?

> Values

What is important to you?
 What are your values?

> Plan of action

Which course of action will help you to make a decision?
 What is going to be your first step?
 Who/ what can help you?

> Options

What do you already know about your options?
 What options would you like to explore?

